COMMANDER’S CORNER:

What I want to see in Fiscal Year 2020 - As you can see by the post activities, it does not take a whole lot, but just a little participation, to keep the wheels turning at the post. I would like to see some ‘Low Cost Events’ to give families a reason to get together and friends to meet up. Here is a perfect opportunity for each of you to participate. What are your ideas that are Low Cost, Simple, and can be implemented with a few volunteers? Better yet, ideas and events that you yourself would like be involved in. So, please just take a few minutes and let me know what you think.

Here is a report of Post activities since May 18, 2019:

SON’S Rib Feed Dinner/Dance. Saturday, May 18th - The ‘Country Cougars’, a country/western band, performed with a live auction at half time. Over 100 tickets were sold. Thanks to the SONS, and especially to Jim Hoogesteger for coordinating a very successful event.

Honor Flight # 21 Orientation. Sunday, May 19th – We had 18 of 27 WW2 and Korea veterans at the orientation. We served lunch and listened to their stories of their time in the service. The orientation informs them what to expect, what to do, and not to do. They all enjoyed the attention that they were receiving.
Post’s Hall Painting, Wednesday, May 29th – 19 volunteers from Behr and Callie’s Home Depot volunteers painted the Hall, Hallway, and Foyer in 6 hours. They also donated the paints and materials.

How many post members does it takes to paint a 10’ by 13’ office? Four (4). Rick Gundo, Don Brown, Gene Grundstrom and me. There was a lot of furniture to move around in that small space. But we got it done in 7 plus hours.

Installation Dinner, Friday, May 31st – Quick dinner, little speeches, and swearing in of the new officers. More speeches and ceremonies with the new officers eager to plan for the new fiscal year and make it the greatest year of all, with help from ALL of you.

Honor Flight # 21 Departure, Sunday, June 2nd - Rick Gundo, Jeff Driskell, and Don Newton loaded up their trucks and van with 24 wheel chairs at 4:00am and delivered them to the SF airport by 6:00 am. They rushed back to the post to help prepare ‘Father’s Day Breakfast’.

First Sunday of the Month Breakfast. Sunday, June 2nd - We had a large showing for the Fathers Day Breakfast’. However, never as good as ‘Mothers Day’. All Dads got a free breakfast, but no roses for them. And as always, we had 3 lucky winners for a free breakfast for any Sunday Breakfast. Please join us on our next ‘First Sunday of the Month Breakfast’. You may be a lucky winner.

District 13 Annual Caucus. Sunday, June 2nd – After early morning wheel chair delivery and Father’s Day Breakfast, we did a quick cleanup and setup the post for District 13 Annual Caucus for the elected district officers and representatives to the convention. Ralph Jacob was elected to represent the District and some of our members will also be attending representing Post 419.

Honor Flight # 21 Returns. Tuesday, June 4th - 8:30 pm - Many cheers from friends, families, and bystanders when the veterans entered the terminal and wheeled in the parade. We did not have ‘Bag Pipes’ leading the parade this time. But none the less, everybody had a happy time. We had only 7 post members present to carry the 8 flags. Stan Ferro’s friend was there and helped carry one. After the march through the airport and the presentation of beautiful quilts to each veteran, the veterans were given their final discharge from their duties. The honored veterans, still in their wheel chairs, were scattered every which way. It was round-up time. In the bathroom, up the elevator and on the loading platform. We need to track and collect 24 wheel chairs, load them back on the trucks and van for a safe return home. Just think, we get to do all again two more times this year. Anyone interested in joining us for the next round-up?

Post General Meeting, Wednesday, June 5th – Casey Koslosky from ‘Paws for Purple Heart’ visited the post to receive a distribution check from our car show of 2018. The organization trains service dogs for veterans and active duty service members.
Annual Car Show, Saturday, June 8th – Over 80 vehicles were registered. We had volunteers staffing the BBQ grill, the kitchen, game stations, handling lucky drawings, bartending, lucky and grand prize tickets sales, lunch ticket sales, traffic control, flyer distribution at the farmer’s market, auctioneer, collector for the silent and live auctions, jewel booth, K9 booth, as well as endless music by our CD the DJ. That was only on the day of the event. Two days prior to set everything up and one day after to clean up. Thanks for the Post, SONS, AUX, friends, and families for their contribution to make it such a huge success. Next year, please join us and help make it an even bigger car show.

Honor Flight # 20 Reunion, Sunday, June 9th – this reunion was for the veterans that went on the honor flight April 28-30. I have never had a chance to take part in the reunion, but the next one is coming up in the fall for Honor Flight # 22. Anyone want to join me in that one?

As Post Commander, what do I want to see in Fiscal Year 2020 - As you can see by the post activities, it does not take a whole lot, but just a little participation, to keep the wheels turning at the post.

I would like to see some ‘Low Cost Events’ to give families a reason to get together and friends to meet up. Here is a perfect opportunity for each of you to participate. What are your ideas that are Low Cost, Simple, and can be implemented with a few volunteers or better yet, ideas and events in which you would like to be involved. So, please just take a few minutes and let me know you thinking.

Al Wong
Post Commander
(awong49@yahoo.com)
Chaplain’s Report:

Chaplain Services

I presented an hour long presentation on the American Legion and what it means to be a Veteran at Cathedral of Faith in San Jose on June 25, 2019. This was in partnership with Pathways Home Health and Hospice and the We Honor Veterans National Program.

Website: https://cathedraloffaith.org/

HONOR GUARD CAPTAIN

District 13 Honor Guard (D13HG)

Post 419 members of the District 13 Honor Guard detail conducted and slated for 5 Veteran Rifle/Bugle Services during the June timeframe. One US Navy and four US Army Veterans were provided Military Honors.

District 13 Color Guard (D13CG)

The Honor Guard team rendered a rifle salute at the Flame of Liberty Memorial in Los Gatos. The event keynote speaker - former National Security Advisor General McMaster.

Website: https://honoravet.org/event/the-flame-of-liberty-dedication/

Bay Area Hospice Veterans Partnership (BAHVP)

Our District 13 Color Guard team presented the colors during the Flag Day ceremony conducted at Post 105 Redwood City. The event was attended by Veterans, various BAHVP Hospice organizations, VA and Funeral Home representatives. Keynote speakers included a Navy Veteran and an active duty Colonel in the Army.
**Veteran Service Office (VSO)**

**PTSD Awareness Month**

The US Senate officially designated the whole month of June as PTSD Awareness Month and June 27th as the official PTSD Awareness Day.

**Website:** [https://www.ptsd.va.gov/understand/awareness/index.asp](https://www.ptsd.va.gov/understand/awareness/index.asp)

**Article Published: Frank Conversation Around PTSD**

I had the opportunity to meet with Mandy Sanghera in England regarding Human rights and Veteran PTSD initiatives. She’s working with General Chuck Wald, former Deputy Commander of US European Command. She worked with me on the following article published on the 75th D-Day Anniversary on Psychreg.

**Article:** [https://www.psychreg.org/d-day-ptsd/](https://www.psychreg.org/d-day-ptsd/)

**Royal British Legion Presentation**

I presented a Post 419 Cover and plaque to the Royal British Legion (RBL) Isleworth Branch in London, England. As a member of RBL, my objective was to bridge our activities regarding how we provide services to Veterans, specifically regarding PTSD awareness.

Best regards,

Sonny Dosanjh  
Post 419 Chaplain, Honor Guard Captain and Service Officer
Hi folks, I'm very happy to be taking over as Commander of SAL Squadron 419 for the second time, this year I'm going to be working with our 1st vice Commander, Jeff Driskell, on membership goals, including more members, renewals and new and younger members at all possibilities. I would like to really see more volunteer participation for and at events, we have the same people every event, and they are getting burned out, also the SAL Rib Feed was a big success, it sold out 15 minutes before the cut off time for the caterer, we had a live auction of 2 Items: 1. A table for 8 for next year, 2. A Henry rifle which went for a high bid of $750 cash.

I also really would like to see more smiling faces in attendance at meetings, meeting attendance, participation and membership is the very means for survival of the Squadron. I hope to make this year a good one for the Squadron and do my best as a leader.

Post Commander Al Wong and I went to Dreampower Horsemanship in Gilroy and presented them with a $500 donation check from the SONS, This was a donation from the SONS to Dreampower Horsemanship for their veterans equine therapy programs.

There will be no meeting of members in July due to the holiday. The next meeting will be August 8, 2019.

In Service,

Jim Hoogesteger

Commander
SPECIAL MESSAGE FROM RICK GUNDO:

To all members and families of Post 419:

On Wednesday, May 29th, we held a painting party at Post 419 where we painted out the main Hall, the hallway, the office and entryway with a grey tone color scheme.

Callie Russell from Home Depot and Rick Gundo from Post 419 had discussed a plan to request a donation of paint from Joseph Helu of Behr Paint and then Post 419 would put together volunteers to get it done in two days.

After submitting the request form, Behr Paint informed us that they would not only provide the paint, but would also bring in their sales reps to help paint it out.

Joseph Helu ended up bringing in 11 sales reps plus himself, Callie Russell brought in 4 volunteers plus herself and Rick Gundo had a team of 6 volunteers consisting of himself, Gene Grundstrom, Al Wong, Don Brown, Paul Rivera and John Quinn.

The actual painting only took 5 Hrs. and then the Post 419 Team used the balance of that day plus the next day to put the rooms back together.

By painting out these areas along with the recently renovated restrooms, we can now market a clean and aesthetically pleasing facility for rent and for the Legion family functions.

I personally wish to thank the Behr Team, Home Depot Team and our Post 419 Team with a JOB WELL DONE!

Best regards,

Rick Gundo
Special Report by Gene Grundstrom for May 2019 Events

We started off the month with a first event for the Post, we hosted a dinner for the University of Santa Clara ROTC brigade. There were about 75 members in attendance. We were able to get the services of the Naval Sea Cadets from the Enterprise and Moffett unites to serve the dinner to the ROTC cadets. The dinner and camaraderie was well received and we are looking forward to hosting such events in the future and working more with on other endeavors.

On Saturday May 25, in preparation for Memorial Day, our Cub Scout Pack 32 and 43 placed flags on the grave the veterans who have gone to Post Everlasting. This event as held at the Santa Clara Mission Cemetery. They placed about 1,000 flags that day. We want to thank Pack 32 and 43 for this work in recognition of the Veterans, as they do this every year.

The Ladies from Unit 419 Auxiliary placed flags and poppies on the head stones of our Post 419 Members who have passed. This Was done at our site at the Santa Clara City Memorial Cemetery. We will hold memorial services at this site on Memorial day and again on Veteran day later this year.

(Continued on Page 9)
On Memorial Day Post 419 Honor Guard rendered Military Honors for the Veterans who have gone to Post Everlasting. This year we had the honor of having the Naval Sea Cadets from Enterprise unit of San Jose Post the colors for both the Mission and City cemetery. The Cadets also participated in the Memorial Service at the Santa Clara Memorial at Central Park in the afternoon. These activities was the first time these Cadets have ever participated in such events. We are looking forward to having them joins us in many other endeavors.

In Service to all veterans,

Gene Grunstrom
Adjutant
<table>
<thead>
<tr>
<th>Legion</th>
<th>Post Membership Meeting</th>
<th>Wednesday-July 3, 2019-7pm</th>
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<tbody>
<tr>
<td>Legion</td>
<td>Holiday Celebration at Menlo Park VA</td>
<td>Thursday-July 4, 2019-10-2pm</td>
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<td>Legion</td>
<td>First Sunday Breakfast</td>
<td>Sunday-July 7, 2019-9-11am</td>
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<tr>
<td>Auxiliary</td>
<td>Aux Unit 419 Membership Meeting</td>
<td>Wednesday-July 10, 2019-7pm</td>
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<td>Legion</td>
<td>AL Baseball Tourney/Family picnic-Yountville</td>
<td>Sunday-July 28, 2019</td>
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<td>Legion</td>
<td>Spirit of ‘45</td>
<td>August 2019-To be announced</td>
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<tr>
<td>Legion</td>
<td>First Sunday Breakfast</td>
<td>Sunday-August 4, 2019-9-11am</td>
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<tr>
<td>Legion</td>
<td>Post Membership Meeting</td>
<td>Wednesday-August 7, 2019-7pm</td>
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<tr>
<td>SAL</td>
<td>SON’s Membership Meeting</td>
<td>Thursday-August 8-7pm</td>
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<tr>
<td>Auxiliary</td>
<td>Auxiliary Unit 419 Membership Meeting</td>
<td>Wednesday-August 14, 2019-7pm</td>
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<tr>
<td>Legion</td>
<td>Santa Clara Parade of Champions</td>
<td>September-To be announced</td>
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<td>Honor Flight Number 22</td>
<td>September 12-14, 2019</td>
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<td>SAL</td>
<td>Surf City Dinner Dance</td>
<td>Friday-September 14, 2019</td>
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<td>Legion</td>
<td>Honor Flight Number 23</td>
<td>October 17-19, 2019</td>
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<td>Auxiliary</td>
<td>Halloween Dinner Dance</td>
<td>Saturday-October 26, 2019</td>
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<tr>
<td>Legion</td>
<td>Veterans Craft Faire</td>
<td>Saturday-November 9, 2019</td>
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<tr>
<td>Legion</td>
<td>San Jose Veterans Day Parade</td>
<td>Monday-November 11, 2019</td>
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<tr>
<td>SAL</td>
<td>Thanks for Giving</td>
<td>Thursday-Nov. 21, 2019-5-9pm</td>
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<tr>
<td>Post</td>
<td>Legion Family Christmas Party</td>
<td>Saturday-Dec. 7, 2019-5-10pm</td>
</tr>
<tr>
<td>Auxiliary</td>
<td>New Years Eve Day Party</td>
<td>Tuesday-Dec. 31, 2019-12-5pm</td>
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ACTIVITIES AND EVENTS

AT-A-GLANCE
UPCOMING POST EVENTS & MEETINGS FOR JULY AND AUGUST 2019

Jul 3—Post Membership Meeting—7:00 PM
Jul 7—First Sunday Breakfast 9:00-11:00 AM
Jul 10—Auxiliary Unit 419 Membership Meeting 7:00 PM
Aug 4—First Sunday Breakfast 9:00-11:00 AM
Aug 7—Post Membership Meeting—7:00 PM
Aug 8—SON’s Membership Meeting—7:00 PM
Aug 14—Auxiliary Unit 419 Membership Meeting 7:00 PM

NEED A BANQUET FACILITY FOR YOUR SPECIAL CELEBRATION OR MEETING?
The Post’s banquet facility is available for rent to members and the public. The facility can comfortably seat up to 200 people. The banquet room is equipped with a stage, full service bar and an adjoining kitchen. For complete details call Paul Rivera at 408-244-3050.

Stop by and see what we have to offer.
We are located at 958 Homestead Rd., Santa Clara, CA 95050.

Contact Information
Visit our Web site for details or you may contact us at:
Honor Flight Bay Area Foundation
Office: 408-925-1999
E-mail: admin@honorflightbayarea.org

Honor Flight Bay Area Foundation
Honor Flight Bay Area Foundation, an authorized affiliate of The Honor Flight Network. If you are a WWII, Korean War or Vietnam War veteran who has NOT had the opportunity to visit your national memorial in Washington, D.C., please contact us. This is an all expense paid trip for WWII, Korean War and Vietnam War veterans.

2019 Flight Dates:

<table>
<thead>
<tr>
<th>Flt #</th>
<th>Orientation Date</th>
<th>Trip Date</th>
<th>Reunion Date</th>
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<tbody>
<tr>
<td>22</td>
<td>Aug 25, 27*</td>
<td>Sep 12-14</td>
<td>Sep 29</td>
</tr>
<tr>
<td>23</td>
<td>Oct 6, 8*</td>
<td>Oct 17-19</td>
<td>Oct 27</td>
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* Citrus Heights orientation at Rosie’s Country Kitchen

If you haven’t submitted an application, please do not hesitate to do so. We are accepting applications for our 2019 travel year. Details are available on our Web site or by calling or emailing us. Don’t hesitate to participate in this trip of a lifetime.

Applications

Be sure to send in your application.
Applications for Veterans, guardians and volunteers are available on line at www.honorflightbayarea.org.

Guardians are volunteers who pay their own way to accompany the Veterans and provide personal assistance throughout the trip.

Local assistance in applying for trips is available by contacting Honor Flight Bay Area Foundation.

DON’T FORGET SUNDAY 2019 BREAKFAST  May 5, June 2, July 7, 2019